



Hi there, my name is Lynne, and my business is called AngelSpeak. I refer to myself as a Modern Mystic and I offer a range of services such as Psychic/Energy Readings, Past Life Regressions, Shamanic Journeying, and Energy Healings where I may use Reiki, EDINA Healing Medicine, Australian Bush Flower Essences, Crystals and Tuning Forks. I am also a Paranormal Investigator and conduct House Clearings - where I remove earthbound spirits and negative energies and entities from your home or office or any other environment. I offer a number of courses throughout the year for Reiki Levels I, II, and III, Psychic Development, Spirit Communications, How to do a Card Reading, Ghosts and Entities, and Entity Removal and House Clearings. Basically though everything I do I do with the help and assistance of my spirit team, and we are a team in the respect that I can't do what I do without them and they need me to be the conduit to bring through the information and healing energies for our clients. I hope you enjoy this course and if you would like any further information regarding any other services I provide or if you are interested in any other courses please go to my website:

www.angelspeak.com.au

How To Do A Card Reading:

Hi, I'm Lynne and welcome. Thank you for joining me today in this workshop which is all about "how to do a card reading".

Points covered in this workshop are: -

- *Protection and setting up your circle*
- *Calling in your Guides and Angels*
- *Requesting information for your highest good and greatest purpose*
- *Receiving information*
- *TRUST*
- *How to pick out a card deck*
- *How to bless your cards*
- *Doing a reading on yourself*
- *Doing a reading for others*
- *Closing the circle and giving thanks*

Protection:

First of all why are we setting up protection? Well there are many beings out there, some are of a high vibration and are happy to assist you and your client and there are some who just don't have your best interest at heart, these are known as the trickster spirits. You only want to have high vibration beings in your circle when you are doing this kind of work.

There are a few different ways to protect yourself, but I would say always go with what feels right for you.

- *Vortex*
- *Archangels such as Michael for protection, Raphael for healing, or Jophiel for unconditional love*
- *Coloured bubbles of energy such as purple for protection, green for healing, or deep pink for unconditional love*
- *Crystal Grid*

Calling in your Guides and Angels:

We all have a team of a spiritual helpers

Higher self and soul

Spirit Guides

Angels and Archangels

Ascended Masters such as Jesus, Mother Mary, Quan Yin, Buddha, or Saint Germain.

Extra-terrestrials such as Pleiadians, Arcturians, Sirians, or Lyrans.

Always connect to the beings you feel drawn to or have a resonance with.

So how do we call them in? This is the easy part, just say "I now connect to my guides, angels, Archangel Michael, Jesus, Buddha, God, Goddess etc". (yes it really is that simple). Once you are connected you can check that you are connected to a high level being by asking the question are you from the light. Due to spiritual laws the beings you have connected to must answer you honestly, and if they say no then send them on their way.

Requesting information for the highest good and greatest purpose:

When asking for information we always ask that it be for you or the clients highest good and greatest purpose. Why? Well we are all unique and complex individuals with a hell of a lot going on in our lives. Generally you are only going to have about an hour with this person so what kind of information do you want to bring through? Now there are two types of readings. You can do a surface level reading which is what you would do if you didn't really want to get into the heavy stuff. So hey the colour blue works really well with you moment, or don't forget to check the pressure in your tyres before you go away next week. Or you could assist them on a soul level and bring through information that will help them to move forward in a more positive direction in life, or assist with clarity on a difficult situation they are currently dealing with, or you may bring through information from a deceased loved one who they are grieving about and it may help them through this process. But please, only ever do what you feel comfortable with.

Receiving information:

I believe we are all asking for information all the time. What career suits me, how should I handle this situation, should I date this person, should I buy this house, what food is good for me, the list goes on. But I think a lot of the time the information we do receive is either dismissed or lost because we don't understand where it has come from or we haven't been taught how to receive psychic information. First of all, a spirit doesn't just appear in front of you and tell you everything you need to know. If only it were that easy. The information is given to you via your psychic faculties which run along your physical senses. So you may see, hear, feel, know, taste or smell. And just to make the receiving of information a little more tricky it generally comes through in bit and pieces, just a like a jigsaw puzzle and you are the one that has to put all the pieces together.

For example, say you pull the card six of Gabrielle. "Congratulations, you've done a wonderful job. Time to move on to the next project. Awards, scholarships, or promotions". (From the Archangel Power Tarot Cards Deck by Doreen Virtue and Radleigh Valentine).

*The first thing that might jump out may be the word promotions on the actual card, then you might **see** a person standing at crossroads.*

*You might **know** that a project has just been completed and the time is right to move on to the next project.*

*You may **hear** the word ladder or hear a song about ladders (maybe stairway to heaven).*

*You may **feel** like the space is familiar, the environment and the people around you may just feel very familiar.*

When you put all this together it could signify a promotion in the current place of employment, just as an example.

Trust:

*If you don't **TRUST** the information that's coming through it's going to be extremely difficult to give yourself and other people accurate readings.*

You need to trust everything you see, feel, hear and know, taste and smell.

Some people say it feels like it their imagination, but where else can spirit bring through all this information?

Always go with what feels right, and when in doubt don't.

Also remember when doing a reading for other people, the reading is for them, not you.

Picking a Card Deck:

There are so many different types of card decks out there. I've brought a few and as you can see there's Angels, Fairies, Ghosts, Astrology, Halloween, Past Life, the list goes on.

Always go with what resonates with you.

You can pick your by what looks good, colours or themes etc.

You may just know which cards are right for you.

You can go with what feels right, hold the different decks in your hands.

You may hear the name of certain deck of cards.

You can even use your hand to assist you.

Or a deck may just jump right out at you.

How to Bless your cards:

Once you've opened the deck touch every card, it infuses your energy into the cards, makes them yours.

Then do a short prayer.

*I'd like to bless these cards with love and light and may they assist me in bringing through information for myself and my clients that is for our highest good and greatest purpose.
Namaste.*



Doing a reading for yourself:

Ok, you have the cards, now what?

So you've set up your space and called in your guides and angels.

Let's look at the type of spreads we can do (check the front of the booklet that came with your cards).

First thing I always do is tap the deck 3 times; as it clears away the old energy.

Shuffle the cards while asking a question, now you can ask a specific question, such as what do I need to do regarding work this week, or you can ask for general information that's for your highest good and greatest purpose.

Shuffle the cards until you feel the energy change, you may just get a sense to stop now. Now you can do a particular spread, or you can go with as many cards as you feel you need.

Interpret the cards by tapping into your intuition.

Don't dismiss the information that comes through.

And please don't keep pulling out cards until you get the one you want.



Doing a reading for others:

This works the same way as doing a reading for yourself, but you are now tuning into another person's energy.

*When reading for someone else you can use a crystal to assist such as this channelling crystal. Or you can hold onto a piece of their jewellery, or car keys etc. This is called **Psychometry**.*

Once again, tap to clear the deck.

Pick out which spread you would like to do.

Ask your guides if you can connect with that person's higher self and soul.

Shuffle the cards while asking for information to come through for your client's highest good and greatest purpose.

Shuffle till you feel the need to stop.

If a card falls out I will generally use it in the reading.

I don't use the cards that fall in the upside-down position as a challenging aspect, but if you feel you need to then do it.

When you tune in to gain information really listen to your body. Because you are reading for someone else your body becomes an antenna and you it to bring through information for your client.

*For example; Are you suddenly **feeling emotional**, like overcome with sadness, or are you feeling angry, anxious, or happy?*

*Are you receiving any **physical sensations** such as a headache, stomach ache pain in the legs, difficulties breathing?*

*Are you **hearing** anything, did a song just pop into your head, if so what are the words to the song? Or did you hear a specific word?*

*Can you **see** anything in your mind's eye?*

*Can you suddenly **taste** or **smell** anything?*



Closing the circle and giving thanks:

This is a simple process of thanking your spirit team and any other beings of light you invited into your circle. You may say something like thank you to my higher self/soul, guides and angels for assisting me with the reading for Bill Bloggs today. I am grateful for being a part of his healing journey. Namaste.

This closes your circle and lets the beings know that you have finished for the day and no longer assist their services.

